

### Vishnu Waman Thakur Charitable Trust's VIVA INSTITUTE OF PHARMACY



At. Shirgaon, Veer Sawarkar Road, Virar (E), Tal. Vasai, Dist. Palghar-401305, Maharashtra

**Date of Report: 12/01/2024** 

## Report of NSS Event "LEADERSHIP TRAINING PROGRAMME CAMP"

Date of event	06/01/2024 TO 10/01/2024
Time of event	10:30 AM (06/01/2024) TO 2:00 PM (10/01/2024)
Name of speaker (Designation &	1. Mrs. Deepa Dalvi (District Co-Ordinator, Palghar)
Organization)	2. Mr. Komal Patil (Area Co-ordinator, Palghar)
	3. Mr. Sushil Shinde (District Co-ordinator, Mumbai
	Western Suburb Zone 2)
	4. Mrs. Rashmi Sawant
	5. Mrs. Madhura Mahadik
	6. Mr. Jagdish Sansare
	7. Mr. Ashish Shetty
	8. Mr. Nikhil Nair
Contact no. of speaker	
No. of Participant/ Students	1. Jainam Dilip Solanki
present	2. Akshita Vijay Patankar
Venue	Makwana Farmhouse, Bhatane Village, Taluka-Vasai,
	District-Palghar,401303

#### **Event description:**

The Leadership Training Programme Camp was planned and organized for the students of First year NSS with the support of VIVA College of Arts, Commerce and Science. We reached the campsite at 10:30 AM in the morning on 06/01/2024 and started our camp by the inauguration carried out by Mrs. Deepa Dalvi Madam and Mr. Komal Patil Sir. After that ice breaking session was done and we were divided into five groups from which leaders and co leaders were selected and then we attended the guest lectures scheduled on that particular day. It was a five day camp in which we had several guest lectures and activities to perform. It was a great experience and truly enlightening camp in which the essential qualities of leadership were conveyed. The communication with the personalities from various colleges of Palghar district was quite interactive session. Following were the insights of the camp;

- Qualities of a good leader
- Difference between empathy & sympathy, ethics & morality.
- How leadership is parenting.
- How to believe in yourself.
- Time management, networking & learning.
- Self-awareness, effective communication & confidence building.
- Emotional intelligence, Professional etiquettes & work life balance.

We were also taught about our personal development like gaining confidence, learning new interests, understanding other people by body language, being positive, overcoming weakness etc. We also had a skit competition and topics like gender equality, cybercrime etc was gives to each group. Every group participated with great enthusiasm as Mr. Jagdish Sansare Sir had already instructed us about the ways to make act more creative. Every morning' yoga' was carried out to make us understand the importance of personal wellbeing, peace of mind and discipline to become a good NSS leader. Special emphasis was given on how to develop leadership skills and personality development and also related the motivation of students. We were also explained about different camps that were carried out by



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the government like UTKARSH camp, NYKS camp, RGNIYD camp, NAC camp, NEP camp, AVHAN camp etc. We also learned about the sequence of carrying out a particular activity or event given [POSD-CORB] planning, organizing, staffing, directing, co-ordination, reporting, budgeting etc. We were asked to write about our personal and common learning that we gained throughout the camp. Mr. Komal Patil Sir took a session on importance of our culture and cultural heritage. On last day we shared our personal experiences what we actually learned in the camp and how it helped to develop our self in many ways.

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NSS Co-ordinator/ Incharge

VIVA INS

Dr. Sunita Ogale Principal



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#### **Photos of event**









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